



COURTIN

Natural skin care



Original Australian



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What is Tea Tree Oil?

The name Tea Tree refers to the tree where the oil comes from, the *Melaleuca alternifolia*, also known as tea tree. There are several species of *Melaleuca* of which over 95% grows exclusively in Australia. Tea Tree Oil is extracted from the leaves of this tree through a steam distillation process. There are tens of kilos of leaves needed for a few drops of essential oil.

Because it is a pure and natural product, the colour of the oil can vary from colourless to light yellow.

Scientific studies confirm the various positive properties attributed to Tea Tree oil. It has a positive effect on the healing process in the body, it is fungicidal and antifungal, anti-inflammatory and antibacterial. In addition, it can also help prevent scarring.

Tea tree is the common thread in the skin care line of Courtin. The products all contain Tea Tree oil and are particularly successful in treating acne, oily or blemished skin and eczema skin.



The use of Pure Tea Tree Oil

Pure Tea Tree Oil can be used in various ways. Before use it is advised to exclude any allergy or sensitivity to this ingredient. Drop a little Tea Tree oil on the inside of the elbow or hollow of the knee and wait 48h to determine whether redness, irritation or an allergic reaction occurs. If a reaction occurs, the test may be repeated with a diluted version.

Pure

A drop of pure Tea Tree oil can help with various skin conditions such as cold sores, ulcers, insect bites, nettles and warts. Point the affected area with a cotton swab soaked in Tea Tree oil. Repeat several times a day for the treatment of cold sores, warts or ulcers. Do not apply Tea Tree oil directly to an open wound.

Evaporate

Put a few drops of Tea Tree in an oil burner, diffuser or vaporising lamp as Tea tree oil has an air purifying effect.

Baths

Add a few drops of Tea Tree oil to the bath water. This may provide relief from itching, fatigue, muscle aches and flu or cold symptoms. Tea Tree also promotes blood circulation, this may have a positive effect on varicose veins for example.

Footbaths

A foot bath with a few drops of Tea Tree oil can help with tired and swollen feet. Suffering from fungal infections on your feet? Do a footbath cure in combination with the Courtin Footcare products.

Compresses

Soak a compress cloth in 10cl water containing 2-4 drops of Tea Tree oil. Use this to cleanse the skin or to prevent scarring.

Massaging

Mix pure Tea Tree oil with a base oil such as Jojoba oil or almond oil to treat muscle pain. Make sure the ratio of Tea Tree oil does not exceed 20%.

Steaming

Use 5 drops of Tea Tree oil in a steam bath, atomiser or pan of boiling water. This has a cleansing effect on the skin and pores, but also helps with colds.

Addition to Courtin products

To intensify the effect of Courtin products, extra drops of Tea Tree oil can be added.

Courtin skin care products for home use

Courtin 100% pure Tea Tree oil

Courtin 100% Pure Tea Tree Oil is pure, on a natural basis and without additives. The Courtin Pure Tea Tree Oil is a very versatile product and can promote the healing of various skin conditions.

Courtin Cleansing Milk

Courtin Cleansing Milk gently cleanses the skin. Removes make-up, pollution and other impurities such as excessive sebum and sweat. Helps prevent the clogging of pores and the appearance of new impurities. In addition, active ingredients from creams and serums can penetrate the skin better after a good cleansing, thus enhancing their effect.

Courtin Lotion

Courtin Lotion removes the last impurities and residues of Courtin Cleansing Milk from the skin. It also restores the PH value of the skin. The skin is now optimally prepared to absorb active ingredients. Softens and refreshes the skin and regulates

sebum production. Also suitable for refreshing the skin during the day.

Courtin Hand & Face wash

Courtin Hand & Face Wash cleanses the face, hands and body. The PH-neutral wash gel removes impurities, prevents the skin from drying out and regulates sebum production. It helps prevent the clogging of pores and the appearance of new impurities. Courtin Hand & Face Wash can also be used as a bath or shower gel.

Courtin Enzymatic peeling

The Courtin Enzymatic peeling gently removes dead skin cells without grit. Dead skin cells can clog pores, leading to impurities, blackheads and pimples. Moreover, dead skin cells give the skin a dull, grey appearance. Removing dead skin cells thins the epidermis, reducing the chance of blockages. It evens out the skin, improves circulation and allows better absorption of active ingredients from creams and serums.

Courtin Mask

The Courtin Mask nourishes and balances the skin. It absorbs excess shine and regulates sebum and moisture. The skin feels soft and supple and has a radiant, healthy complexion.

Courtin fleece mask

Courtin fleece mask with fruit acids gently cleanses and exfoliates the skin. It thins the epidermis and helps prevent the appearance of impurities. Has a positive effect on acne, cleanses and reduces the size of pores and evens out the skin.

Courtin 24h cream

Courtin 24h cream has a moisturising and soothing effect on the skin. It regulates moisture and sebum production and protects the skin against free radicals. This cream is particularly suitable for normal to dry or sensitive skin.

Courtin 24h fluid

Courtin 24h Fluid has a purifying effect on blemished skin. Hydrates, softens and regulates sebum production. Protects the skin against harmful environmental influences. Courtin 24h fluid is particularly suitable for oily, impure skin.

Courtin Lip Balm

Courtin Lip Balm has a nourishing and softening effect. Prevents dehydration and helps the skin to recover.

Courtin Soothing Serum

Courtin Soothing Serum is especially suitable to calm the skin, in case of redness or after an intensive treatment. Helps calm the skin and reduce redness. For an even, clear skin.

Courtin Spot serum

Courtin Spot Serum supports the skin's repair capacity and has a positive effect on the treatment of impurities. It supports rapid healing without scarring.

Courtin Bodyscrub

Courtin Bodyscrub gently removes dead skin cells. Dead skin cells can clog pores, leading to impurities, blackheads and pimples. In addition, dead skin cells give the skin a dull, grey appearance. Removing dead skin cells thins the epidermis, reducing the chance of blockages. It smoothes the skin and stimulates circulation. Use Courtin Bodyscrub in combination with Courtin Bodymilk.

Courtin Bodymilk

The Courtin Bodymilk has a moisturising, nourishing and softening effect on the skin. It is non-greasy and it absorbs quickly. Use the Courtin Bodymilk in combination with the Courtin Bodyscrub.

Courtin Shampoo

The Courtin Shampoo cleanses the hair and scalp and has a positive effect on scalp problems such as dandruff, eczema and psoriasis.

A photograph of a bottle of COURTIN Tea Tree Oil Shampoo. The bottle is white with a light green label. It is positioned next to a lush green plant with small, rounded leaves. The bottle is sitting on a rustic wooden surface with some white powder scattered around its base. The background is a plain, light color.

COURTIN

Original Australia
**TEA TREE
OIL**

Shampooing
Avec l'huile tea tree

Shampoo
With tea tree oil

Phel 40045

200 ml e - LITR 0.67

Courtin skin care treatments

Courtin offers various facial treatments based on Tea Tree oil. The Courtin treatments are particularly effective in treating skin problems such as acne, eczema or impure skin. Especially in the initial phase, the treatments are recommended as a course of treatments, where the time between treatments is gradually built up.

For optimal results, it is very important to continue to support the skin with the same Courtin products at home.

Personalised care advice by your Courtin expert

Advice cleansing morning

- ☐ Courtin Cleansingmilk & Courtin Lotion
- ☐ Courtin Hand & Face wash

Advice skincare morning

- ☐ Courtin 24h cream
- ☐ Courtin 24h fluid
- ☐ Courtin Body milk

Advice weekly care

- ☐ Courtin Enzymatic Peeling
- ☐ Courtin Mask
- ☐ Courtin Fleece mask
- ☐ Courtin Body scrub

Advice cleansing evening

- ☐ Courtin Cleansingmilk & Courtin Lotion
- ☐ Courtin Hand & Face wash

Advice skincare evening

- ☐ Courtin 24h cream
- ☐ Courtin 24h fluid
- ☐ Courtin Body milk

Extra care

- ☐ Courtin Pure Tea Tree oil
- ☐ Courtin Spot serum
- ☐ Courtin Soothing serum

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